

INTROVERT OR EXTRAVERT?

Open your secrets.



Personality Report

DEMO REPORT

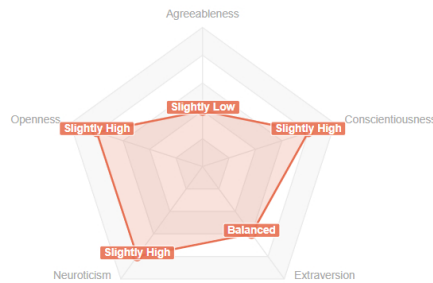
Big Five personality traits

The **Big Five personality traits**, also known as the **OCEAN model** (Openness, Conscientiousness, Extraversion, Agreeableness, and Neuroticism), is a suggested taxonomy, or grouping, for personality traits, developed from the 1980s onwards in psychological trait theory. When factor analysis (a statistical technique) is applied to personality survey data, it reveals semantic associations: some words used to describe aspects of personality are often applied to the same person.

For example, someone described as conscientious is more likely to be described as "always prepared" rather than "messy". These associations suggest five broad dimensions used in common language to describe the human personality, temperament and psyche.

[More information](#)

Your genetic results



Your Global5/SLOAN type is SLOEI

Acronym of: **S**ocial, **L**imbic, **O**rganized, **E**gocentric, **I**nquisitive

- 3.10% of women score SLOEI
- 2.20% of men score SLOEI

[Read more](#)

Agreeableness

Agreeableness is a personality trait manifesting itself in individual behavioral characteristics that are perceived as kind, sympathetic, cooperative, warm, and considerate. In contemporary personality psychology, agreeableness is one of the five major dimensions of personality structure, reflecting individual differences in cooperation and social harmony.

People who score high on this dimension are empathetic and altruistic, while a low agreeableness score relates to selfish behavior and a lack of empathy. Those who score very low on agreeableness show signs of dark triad behavior such as manipulation and competing with others rather than cooperating.

Agreeableness is considered to be a superordinate trait, meaning that it is a grouping of personality sub-traits that cluster together statistically. The lower-level traits, or facets, grouped under agreeableness are: trust, straightforwardness, altruism, compliance, modesty, and tender-mindedness.

Your genetic tendency



Slightly Low

Top traits

Top jobs for this trait

Be innately competitive and candid
Take less interest in others' lives

Accountant
Engineer
Scientist
Computer Programmer



Conscientiousness

Conscientiousness is the personality trait of being careful, or diligent. Conscientiousness implies a desire to do a task well, and to take obligations to others seriously. Conscientious people tend to be efficient and organized as opposed to easy-going and disorderly. They exhibit a tendency to show self-discipline, act dutifully, and aim for achievement; they display planned rather than spontaneous behavior; and they are generally dependable. It is manifested in characteristic behaviors such as being neat, and systematic; also including such elements as carefulness, thoroughness, and deliberation (the tendency to think carefully before acting).

Conscientious individuals are generally hard-working, and reliable. When taken to an extreme, they may also be "workaholics", perfectionists, and compulsive in their behavior. People who score low on conscientiousness tend to be laid back, less goal-oriented, and less driven by success.

Your genetic tendency



Slightly High

Top traits

Enjoy setting plans and schedules
Finish assignments and projects in advance

Top jobs for this trait

Freelance writer
Marketing Consultant



Extraversion

The traits of extraversion and introversion are a central dimension in some human personality theories. The terms introversion and extraversion were introduced into psychology by Carl Jung, although both the popular understanding and current psychological usage vary.

Extraversion tends to be manifested in outgoing, talkative, energetic behavior, whereas introversion is manifested in more reflective and reserved behavior. Jung defined introversion as an "attitude-type characterised by orientation in life through subjective psychic contents", and extraversion as "an attitude-type characterised by concentration of interest on the external object".

Your genetic tendency



Balanced

Top traits

Be energetic and confident
Process their thoughts externally

Top jobs for this trait

Counselor
Event Planner
Bartender
Actor



Neuroticism

Individuals who score high on neuroticism are more likely than average to be moody and to experience such feelings as anxiety, worry, fear, anger, frustration, envy, jealousy, guilt, depressed mood, and loneliness. People who are neurotic respond worse to stressors and are more likely to interpret ordinary situations as threatening and minor frustrations as hopelessly difficult. They are often self-conscious and shy, and they may have trouble controlling urges and delaying gratification.

Persons with a high neuroticism index are at risk for the development and onset of common mental disorders, such as mood disorders, anxiety disorders, and substance use disorder, symptoms which had traditionally been called neuroses.

Your genetic tendency



Slightly High

Top traits

Lack confidence and be self-critical
Struggle with anxiety and negative thinking

Top jobs for this trait

Writer
Artist
Accountant



Openness

Openness to experience is one of the domains which are used to describe human personality in the Five Factor Model. Openness involves six facets, or dimensions, including active imagination (fantasy), aesthetic sensitivity, attentiveness to inner feelings, preference for variety, and intellectual curiosity. A great deal of psychometric research has demonstrated that these facets or qualities are significantly correlated. Thus, openness can be viewed as a global personality trait consisting of a set of specific traits, habits, and tendencies that cluster together.

Openness tends to be normally distributed with a small number of individuals scoring extremely high or low on the trait, and most people scoring moderately. People who score low on openness are considered to be closed to experience. They tend to be conventional and traditional in their outlook and behavior. They prefer familiar routines to new experiences, and generally have a narrower range of interests. Openness has moderate positive relationships with creativity, intelligence and knowledge. Openness is related to the psychological trait of absorption, and like absorption has a modest relationship to individual differences in hypnotic susceptibility.

Your genetic tendency



Slightly High

Top traits

Prefer variety and diversity
Seek new experiences and adventures

Top jobs for this trait

Artist
Pilot
Publicist
Entrepreneur

